Notes by Aubrey Copeland and Atori Alo Yansa

19-0303 2019 Epigenetics Pt 1 A Season of Amnesia

AAY: We are becoming spiritual scientist. I like bringing science and spirituality (not religion) together. Both science and spiritual progression are going on all around us at a fast pace now. Bringing the thoughts together is the logical thing to do since we now know they are both Us.

AAY: We’re starting on a little bit of a new subject. The heart is your voice. It speaks. It sends synapses across the brain to send out to the body. We found that there is a gap in your mind between thoughts, between the frivolous chatter. Right now, traveling through the air are millions of waves traveling that are carrying voices, thoughts, video, and information. If you have the right crystal, you can pick them up. We will progress.

AAY: Epigenetics comes in as part of growing and learning about yourself as you work through your amnesia.

AAY: Think of the human lifespan as a movie. The cells would be the actors and actresses, essential units that make up the movie. DNA, in turn, would be the script — instructions for all the participants of the movie to perform their roles. Subsequently, the DNA sequence would be the words on the script, and Genes would be certain blocks of these words that instruct key actions or events to take place. The concept of genetics would be like screenwriting. The concept of *epi*genetics, then, would be like directing. The script can be the same, but the director can choose to eliminate or tweak certain scenes or dialogue, altering the movie for better or worse.

AAY: In this movie of your life, you have your cells (actors and actresses), DNA (script), DNA sequence (words of the script), and genes (instructions for key actions). The concept of genetics is screenwriting, and epigenetics would be directing. You are the one that is directing it all. The script can be the same as another’s, but the director can choose, eliminate, and tweak what happens. It can be for better or worse.

AAY: For example, as a little kid you just hate vegetables and only eat meat /bread/dairy. You have decided to change the cells in your body. This may lead to Pulmonary issues, high cholesterol, etcetera. Go back to the garden of Eden. Adam and Eve decided to have a relationship together. As soon as that happened, it changed all of the DNA sequences and genes. Everything started dying. We are going to go deeper into this as we go.

ep·i·ge·net·ics /ˌepəjəˈnediks

The study of changes in organisms caused by modification of gene expression rather than alteration of the genetic code itself.

**Epigenetics Controls Genes.**Nature — epigenetics is what determines a cell’s specialization (e.g., skin cells, blood cell, hair cell, liver cells, etc.)

**Epigenetics Is Everywhere.**What you **eat** where you live, who you interact with, when you **sleep**, how you  **exercise**, even **aging.**

AAY: You don’t necessarily have to change the genetic code. The director can alter it by making choices. If you move up north in the cold, your body starts thickening its blood, and growing more hair. Then if you move to Haiti, your blood starts to thin out and you grow less hair, and you eat different things.

AAY: 99% of your body is new ever so often. You are not living in a sex body anymore. It is an earth body. It came by what you ate. “WMB didn’t preach this!” Well, he didn’t refer to the science, but he talked about How Jesus body was spoken word but then he got milk from his mother’s breast, eating the corn and potatoes, and how his body changed and had to be redeemed like everyone else. It’s in his message on “The Future Home”.

AAY: Epigenetics controls the genes. You have billions of cells in your body. The director determines how the cells will work. He determines what they will become. Each of us learn how to become different professionals, and it is a specialization of cells. There are cells that are specialized to grow hair, to build your liver, to grow finger nails. You have actors used to specialize in who was the villain and who was the hero. Like John Wayne and Lee Vancleave. You have skin, hair, nail, and liver cells…but the director directs it all and creates this man that is sitting here this morning.

AAY: Epigenetics is what you eat, where you live, what you do…If you don’t eat the right things, the director can’t take what you need to take care of you. The director told you what to eat, but you make conscious choices.

AAY: Pay close attention to damaging frequencies within you and others. Try not to use them in your life and help others get away from those frequencies.

**AAY: Epigenetics Makes Us Unique.**Even though we are all human, why do some of us have blonde hair or darker skin? Why do some of us hate the taste of mushrooms or eggplants? Why are some of us **more sociable than others**? The different combinations of genes that are turned on or off is what makes each one of us unique. Furthermore, there have been indications that some epigenetic changes can be **inherited**.

We all have different skin tones, eye color, hair color, different taste preferences and so on. Why? Epigenetics can turn certain genes on or off. When you make decisions in your life, you turn certain genes on or off. There is also evidence that some are inherited.

AAY: We changed our diet, our script, we went to Love Divine, we created a brand-new creation. We took all the writings of the prophets and applied some and not others to this day.

AAY: Tecumseh was in my history. He had a strong desire for nations to be one. He wanted to form a nation of peace. I am here 200yrs later, and I am doing the same thing. Why? Inherited from his genealogy, from his DNA. At one point, we were in our ancestors, and now they are in us. You can send genetics down the line and say, “Right here, something great is going to happen.” All of that is how genetics comes down the line. WMB said Moses, Jeremiah, Elijah were all Jesus.

**AAY: Epigenetics Is Reversible.**With 20,000+ genes, what will be the result of the different combinations of genes being turned on or off? The possible arrangements are enormous! But if we could map every single cause and effect of the different combinations, and if we could reverse the gene’s state to keep the good while eliminating the bad… then we could theoretically\* cure cancer, stop obesity, reverse aging.

AAY: Epigenetics is reversible. I have directed my body to do this and haven’t ate right. It’s ok, you can change your direction. If you get rid of sugar, that can change so much. When we switched to love Divine, that changed us. We epigenetically turned off a lot of things…the past, the regret, the hatred. If you shut off the fried foods, your body will become smoother and clearer skin. Shut off the alcohol, and the redness will go away. Shut off the smoking, the wrinkles will go away. Become more sociable, or if you stay in the past…they will affect you. I have no problem if a person wants to eat off of the church ages. We just won’t have as much to share.

AAY: The possible arrangements are unlimited. If we could map every cause and effect of changes from Adam to here….WOW! We came though Noah, Abraham, Jesus, the church ages, WMB, TTT….and all of those changes were because we were changing everything up.

AAY: We have a brand-new play now. We could theoretically cure cancer, stop obesity, and so on. But we as people don’t map out our choices through life. For example, I had cancer and I changed my diet, my exercise, and my weight. I feel much younger and healthier. I changed my body and it is having a better life. If you have a problem, you can change things. It is reversible. After my chemo, I have started using hemp and cannabis medically and it has gave me a much better feeling in my body. Epigenetics is taking the parts and making a whole. All are working in sequence and making a great movie. You are either creating a great, an okay, or a poor movie.

AAY: All of this is inside you. You can decide to be a person who doesn’t care and who eats and eats, gets drunk, and you can live a long time in a poor movie. Or you can decide to change your choices and have a great movie. It is the same person doing one or the other or both in your life.

**2 Thess. 2:2** Be not shaken in mind, or be troubled, neither by spirit nor by word, nor by letter as from us, as that the day of Christ is at hand. Let no man deceive you by any means: for that day will not come, except there be a falling away first, and that MAN OF SIN be revealed, the son of perdition; Who opposes and exalts himself above all that is called GOD, or that is worshipped; so that HE AS GOD sits in the temple of God showing himself that HE is GOD. ….And now you know what withholds that he might be revealed in his time. For the mystery of iniquity doth already work.

AAY: 2 Thessalonians 2:2 When you first come into your life, the man of sin is the same man of righteousness. The same man on Calvary is the same man who became the serpent. We came here not knowing who we were. Don’t be shaken in mind about that. The falling away must happen first. When you take off your mask, the man of sin is revealed. The man of sin is sitting in the temple (your body) and showing that he IS GOD. God was sitting on the throne as the man of sin so that you could start your life of epigenetics.

**Rev 12:9** The great red dragon was cast out, that old serpent called the devil, and Satan, which deceives the whole world: he was cast out into the earth, and his angels were cast out with him. And I heard a loud voice saying in heaven, Now has come salvation and strength, and the kingdom of our God, and the power of his Christ, for the ACCUSER of our Brethren is cast down, which accused them before our God day and night.

AAY: Rev 12:9 The red dragon is the blood system, and “cast out” means to recast. When Satan is cast into the earth, the kingdom of God came. Wasn’t it a man behind a pulpit saying you aren’t good enough? Didn’t mom and dad tell you not to do this and that? It was Jesus who was your accuser. He acted like an opposer. Don’t you do this, drink whiskey, murder that man….you have a problem. The accuser has been recast. “No, it can’t be Jesus!” Who stepped in between to be your mediator because you weren’t good enough? Who told Moses that they weren’t worthy and needed a substitute? That they weren’t worthy?

AAY: Jesus was recast and changed. You recognize that you have iniquity. The man in you changes, and the condemnation is gone. We are free, holy and pure. My spirit has been recast and it is no longer an accuser. That part of Christ in me is finished. It can’t make me feel bad. Christ is the red dragon recast into the earth to develop the attributes of mediation, the one that caused our epigenetics, caused our problems, and has been recast.

AAY: If you want to go read a science book about epigenetics, you won’t find this written out. You have to put on your spiritual cap.

**Zechariah 3:3** Now Joshua was clothed with bloody (filthy) garments and standing before the Angel. He spoke and said to those who were standing before him saying, “Remove the bloody (filthy) garments from him.” Again, he said to him, “See, I have taken your iniquity away from you and will cloth you with a change of raiment.

**Zech.3:9**….And I will remove the iniquity of that land in one day. In that day, says the Lord of hosts, you will call every man his neighbor.

AAY: Zechariah 3:3 Joshua (Christ) stood before the Angel (the pillar of fire) with filthy garments. Satan was there, too. In Christ was both filthy and clean garments. He put off the filthy garments. We were a person who was filthy and bloody. Then we changed to garments that are righteous, holy, and worthy. Who did this? He was an accuser? He stood between you and Satan, and said those garments aren’t any good. He loved you that much, but then he gave himself for you. Why did he have to die? The one who brought the sin had to die for it. He changed your body into something it really didn’t want to be, and then came down through the line so you can make changes in what you are.

Edwin Aromin: To Everything there is a terminal velocity and once that point is reached then everything comes apart, vibration is chaotic, scattered, and desolate. We can see it in the pattern, and after that something great happens. The magnetic force of the electromagnetic field begins to pull everything back together again. We have gone now beyond terminal velocity. We were warned not to come here where we’re at because the chaos is so great in terminal velocity that many couldn’t see past it. We are beyond it now and this magnetic force field is amazing and it is uniting US. We are home free.

AAY: Everything is smooth and working. We feel good. We used to argue and split. We don’t do that anymore.

AAY: My comment: I love this. Going to go into some simple teaching on "epigenetics" and try to bring it in simple terms. This is full of the concept of epigenetics. We not only come here to learn as we go forward but we and different ones sent tools and assets and understanding forward through the genetics of birth for us to break our amnesia and remember who we always were and are. It's going to be great because this means that our ancestors and spiritual forerunners are working with Us and in us to overcome succeed and guide the universe. ~AAY~

~Stephen Hall: The cycle of life. Everything has a cycle. Water, earth, fire, and air all have cycles and these cycles are displayed in the planets, positions, and forces. The cycles of it all being understood by the life in humanity. Everyone of us displaying an attribute of the big picture moment. Every micro together produces the macro. At birth I am lead into understanding by my knowledge, my relationships lead me into understanding that I am glorified in my body. I am glorified because of my body.

The force progresses as the light of distant beings strike the earth. Each plays a part and each holds a position to uphold the greater picture. In darkness individuality illuminates their position revealing their cycles in their constellations.

In the morning only the light of one, the life giver. The invigorating healing warmth. The chariot of fire that embraces us all and is never wearied, but embraces its cycle revealing those that push us forward as it drops for the night.

Their balance is forceful through addition, subtraction, rise and fall, flex and reflex, action and reaction. The balance of progression. It desires each life would understand the whole picture of light and darkness. We each bare the light of individuality to create humanity. It isn't the rich, high, and mighty that unites us, but the peacemakers that remove the struggling natures that will help us to realize that we have never been separate from one another and in reality we mould each other. ~Stephen Hall~

AAY: We sent information or markers through the genetics to make sure the clues were within our loved ones to wake them in the generations to come. Our ancestors are working with us. Epigenetics are working across all dimensional lines. When we come into the unknown, the saints are living in us and they put things in us so that the right answers come at the time needed. You get those things from them. “How can that be?” Well, how did WMB show us that this is taking place? Remember his message “The unveiling of God”, “Christ revealed in his own Word”, “The Masterpiece” in all of this messages from July, 1965 until he passed. He said when George Washington was in battle, I was there. I was there when Joshua crossed the river Jordan, when the wall of Jericho came down. How did Enoch get all the technology he had? Maybe we helped. It is so simple. We want to say that we move in and out and across dimensions, but when I say it is happening…people get scared.

AAY: Relationships are important. Who, what, where, when…they all become important. The spiritual and natural body are one. As people continue to transform from theophany into the earth, there are more DNA and script in the field. More and more happens. Our ancestors put this into us, and we see how we can live together and share everything. We lived in them and now they live in Us.

When the sun drops for the night, it reveals all of those that are working with you. Your light in you came down the line, through spiritual and natural epigenetics.

Eckhart Tolle – You are not separate from the whole. You are one with the sun, the Earth, the Air. You don’t have a life. You are life!

Ray Leffingwell: Romans 12:2......"be not conformed to this world: but be ye TRANSFORMED by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."

Wesley Dolphin: Wonderful. As amnesia goes, memory returns and we begin to acknowledge our true identity, deep calling unto deep. This is real deep, coming from the noise of the waterspouts (humanity through the ages). Somebody’s calling your name...

Question: So, are we light bodies?

Answer: Yes, we are, and the light is the life of all men. Think of the Earth during Pangea. The water was within. We began to come to the earth. We are the pillar of fire. You don’t have a life, you are life. We are the life of all men. We see these things happening in every single moment of your life. You are the director and you make decisions in the physical and spiritual. WMB talks about the resurrection and he ties them together to put us in a resurrected condition. IF we resurrected spiritual, we had to have done so naturally as well.

DB: Look at regeneration…..

AAY: From that moment that your father planted the seed into your mother, the genetics was beginning. WMB in March of 63 said the seal was opened. Prophets opened it. I thought he opened it? Moses and Elijah were in the body of WMB and put markers in him. One of those markers showed up. IT shook him up so much when he seen it. WMB received the revelation of the sixth seal from the genetics of Moses and Elijah.

AAY: I can go back and read history, and take all the good parts, and leave out the bad. It is a good pattern. OH! You can’t go out into the future! I put some of my genetics in these young people spiritually, and something in them will click and they will bring it out better than I ever could.

Question: When is our awakening?

Answer: We began to awaken from the moment we were naturally born. The epigenetics is being formed in the womb, that is why I think there are very few circumstances that give reason for an abortion. That child is developing from conception in both physical and spiritual ways.

Question: where are the opposers now?

Answer: They are just as great as any of us. They are right here with us. I’m sure Pharaoh is not the same character as he was when he was giving Moses a rough way to go. He has removed his mask now. They probably have had good talks since then.

DB: You can’t have one without the other. Positive and negative are in every single thing we do.

AC: And that positive and negative is the light, and we take it to the other side.

DB: You have to bring the two together. It brings on new things.

AAY: Moses and pharaoh, Jacob Esau, Jesus and Judas, all showing us the positive, negative working together. It takes opposites coming together to make a whole. One is just as important as the other in bringing out the manifestations.

To recap on it all so far…think of the human life span. We have a movie.

The cells were the actors and actresses. I can apply that to my life or the whole world. Down through time, and the script is from Adam to now.

The instructions for all the participant to perform their roles. DNA sequence are the instructions.

The genes are important events that come out. A person is born, they grow and learn, they develop their lives and make choices.

Genetics is the screenwriting, and the epigenetics is the directing and bringing it all together as a whole.

AAY: This is a wholeness. Each one of us is our own director. We can direct our own movie. Alan and I are here at the same time, and we know each other, and have similar scripts, but yet we are totally unique and different.

AAY: We come through all of this, and sometimes you alter things for the worse and you come out a Pharaoh, or for the better and you come out a Moses. It is ok either way. You will match up and manifest what is needed.

AAY: I hope I have helped take what scientists can make very intellectual and bring it out in the spiritual. We have already been physically resurrected when you were born. We are walking around physically and spiritually resurrected standing up out of mother earth.

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